

STATISTICS AT A GLANCE

POPULATION (2007)

Southbury	19,722
Woodbury	9,765
Oxford	12,733

COMMUNITY HEALTH PROGRAMS

Infectious Diseases

Reportable Disease Follow-Up	290
Animal Rabies Investigation	36
Low-Cost Rabies Vaccine Clinic	80
Disease Outbreak Investigation	35
Ticks—Lyme Disease Testing	107
Ticks—Lyme Disease Follow-Up	11
Tuberculosis Screening	80

Adult/Child Health Services (People Served)

Influenza Vaccine	3,420
Child Influenza	54
Pneumonia Vaccine	31
Childhood Vaccines	9
Hepatitis B Vaccine (municipal employee)	77
Meningococcal Vaccine	11
Cholesterol Screening	70
Senior Cardio Screening (blood pressure)	1156
Skin Cancer Screening	78
Walking on Main	15
WIC Services (Women, Infant, Child)	125
Lead Poisoning Investigation	3
Home Visit Asthma Investigation	2
Babysitting Preparation (Parks & Rec)	55

ENVIRONMENTAL HEALTH PROGRAMS

Sewerage

Subsurface Sewage Permits—New Resid.	106
Subsurface Sewage Permits—New Comm.	9
Subsurface Sewage Permits Repairs	46
Soil Testing Properties	133
Building Additions (B100A)	400
Change of Use Approvals	28
Subdivision Lots Approved	14
New Home Plan Approvals	105
Inspections	154

Private Water Supplies—Wells

Well Permits Issued	140
Water Tests Approved	80

Food Service

Licenses Issued	142
Temporary Event Licenses	92
Plan Reviews	8
Inspections and Visits	227

DayCare/Schools

Inspections and Visits	15
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Public Pools

Inspections/Permits	20
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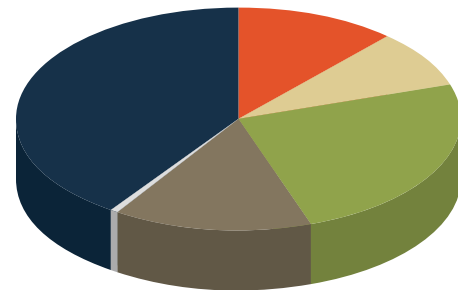
Other Inspections

Beaches	22
Water Samples—Wells	15
Water Samples—Water Bodies	12

Public Health Complaints

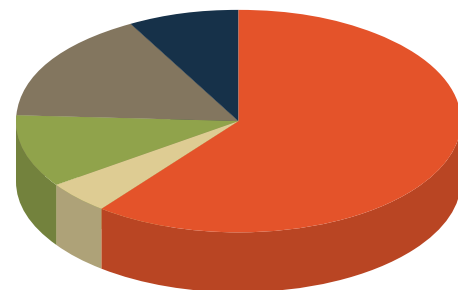
Total Complaints	29
Orders Issued	3
Housing Code	6
Sewage Overflow	9
Food Service	3
Arrest Warrants	1

TOTAL REVENUES: \$808,300



State & Federal Grants	\$93,246
Emergency Preparedness	\$67,785
Permits & Fees	\$199,785
Special Programs	\$117,272
Investment Income	\$3,308
Participating Towns	\$326,904

TOTAL EXPENDITURES: \$804,190



Salaries	\$486,583
Payroll Taxes	\$37,903
Fringe Benefits	\$83,190
General Health Services & Admin	\$131,371
Special Programs	\$65,143

BOARD OF DIRECTORS

- John Calderwood, Chairman — Oxford
- Dr. Paul Nee — Southbury
- Dr. Randy Trowbridge — Southbury
- Fred D'Amico — Oxford
- Wayne Wood — Woodbury
- Dr. Neil Vitale — Medical Advisor

PDDH STAFF

- Neal Lustig, MPH — Director of Health
- Nancy Kontout, BS, RS — Chief Sanitarian
- Mona LaBissoniere, BS, RS — Health Educator, Sanitarian
- Joseph Kmetz, BS, RS — Sanitarian
- Shane Lockwood, BS, RS — Sanitarian
- Betsey Thibodeau, BSN, RN — Public Health Nurse
- Laurie Reinheimer, BBA — Office Manager
- Robin Lucas, MA — Technical Assistant



PDDH HEADQUARTERS

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SATELLITE OFFICES

Oxford Town Hall
Woodbury Town Hall



ANNUAL REPORT

JULY 1, 2007 – JUNE 30, 2008



Serving
Southbury
Woodbury
Oxford

MESSAGE FROM THE DIRECTOR

The Pomperaug District Department of Health was formed in 1986 as an independent subdivision of government. The District is empowered by the Connecticut Public Health Code to enforce the Connecticut Health Code Regulations and a commitment to improving the health and well-being of the residents of its constituent towns of Southbury, Woodbury and Oxford. Towards that goal, I am submitting this report on our accomplishments in fiscal year 2007–2008.

The District conducts programs in three main areas of public health. Those are 1) environmental health protection, which involves mandated health code compliance in sewage disposal, food service, complaints, etc., and 2) community health promotion, including programs in flu vaccinations, chronic disease prevention and cardiovascular screening, and 3) reportable disease control—an effort that involves reviewing physician and laboratory disease reports and responding when control measures are warranted.

In the past year, we initiated new efforts in community health planning and created the Pomperaug Partners for Health. This group, made up of various members of the local health system, includes visiting nurse agencies, emergency medical providers, local physicians, first responders and hospitals. Our first goals are to conduct a series of public health evaluations and assessments in our communities. While these efforts began in fiscal year 2008, the benefits of the community planning endeavors will only become more evident in future years. The ultimate goal is to assess the community health status, ascertain where needs and improvements can be made, and finally to bring the various “partners” together in a cohesive fashion.

In the environmental area, we continued to see the building downturn affect our workload and sources of revenue. The slowdown is significant, but in this regulatory area of environmental protection we continue to be vigilant and trained. Hopefully the economy and our workload will regain its strength as things improve.

Finally, the district enhanced its efforts in emergency preparedness and completed several drills in communication, regional cooperation, mass provision of medications to the public and flu mitigation efforts in school settings.

The Pomperaug Health District is fortunate to have the continued dedication of its employees, our valuable volunteer service force and the support of our member towns. Thank you all.



Neal Lustig, MPH
Director of Health



OUR MISSION — The Pomperaug Health District is a governmental entity providing full-time public health services to all the citizens of our member communities. The focus of the District is to provide essential programs in Environmental Health, Community Health Promotion, and Disease Surveillance and Control. These efforts will assure our residents of a healthy community environment, aid in preventing disease, and promote health through screening and health education.

OUR HISTORY — The Pomperaug Health District (PDDH) was formed in 1986 as a joint public health effort of Woodbury and Southbury, CT. Oxford joined the District in 1990. The major focus of the district in its early days was basic environmental health protection involving on-site sewage disposal, food service and public health complaints. Our mission rapidly expanded due to community needs, and a program of public health education and disease prevention was initiated. This included provision of flu vaccines to the older population, childhood vaccines to those without insurance, cancer screenings, blood pressure controls, well child services and cardiovascular education programs. Through the years, these programs have expanded as the community needs and funding allowed. In environmental health, the district became involved in the animal rabies epidemic, radon in groundwater, asbestos control, aquifer protection, outdoor wood furnaces, groundwater testing, Lyme disease prevention and testing, and lead poisoning.



2007–2008 HIGHLIGHTS

COMMUNITY HEALTH

Activity in this area is enhanced as our Health District's primary focus is shifting to a more active role in community public health planning. In that capacity, the District created the Pomperaug Partners for Health Coalition; PDDH is pursuing the development of Community Health Assessments, coalition building, and grant procurement. Other activities include:

- Created Pomperaug Partners for Health Coalition — 2 meetings
- Procurement of \$20,000 grant for Accreditation Project from the National Association of City County Health Officials (NACCHO).
- Initial development of the Local Public Health Performance Standards Assessment Workshop, scheduled for fall 2009. The completion of this effort will strengthen the Regional Public Health network, improve

collaboration, and lead to improved coordination of health activities.

- Procurement of \$8,000 in grants to complete a Community Health Survey with the Pomperaug Partners in spring 2009.
- Secured District (3 towns) participation on the Yale-Griffin Community Health Profile to be published in spring 2009.
- Procured \$15,000 Office of Rural Health grant to initiate a Senior Depression Screening Program at our Senior Centers, spring 2009.

PUBLIC HEALTH PREPAREDNESS

The district was active in this area, which builds our capability to assist communities in disaster and disease mitigation. Activities include:

- Continued Refinement of Health Alert Network database designed to connect with all players in a public health emergency.

- Training on regional satellite phone protocols.
- Increase stockpile of emergency health supplies.
- Procurement of \$80,000 in preparedness grant funding.
- Several successful tests of Communication Notification Systems.
- Table Top Exercise in May 2008 on Pan Flu mitigation with all three school districts.
- Continued testing of mass vaccination/medical distribution plans through regular flu clinics.
- Coordinated with Local Emergency Planning Committees (LEPC).

INFECTIOUS/CHRONIC DISEASE CONTROL

- Investigated several disease outbreaks including pertussis at a local high school, gastroenteritis outbreak related to food and seasonal flu at local long-term nursing facilities.

- Provided 3,400 flu vaccinations to population utilizing public health nurse and volunteers.
- Provided meningococcal vaccinations for college students.
- Provided routine childhood vaccines using VFC (vaccine for children) at no charge to needy families.
- Developed Shingles Vaccine Program for over-age-60 population—program launched in 2009.
- Provided 1,500 cardiovascular screenings (blood pressure, cholesterol checks, etc.) at all district senior centers.
- Follow-up and counseling for potential rabies exposures.
- Initiated “Moving on Main” exercise program, combined with “Don’t Eat Your Heart Out” dietary program in Southbury for senior citizens.